

Inferno Martial Arts Schedule

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lil' Dragons (4/6)		4:45pm-5:15pm		4:45pm-5:15pm		
Youth (7-12) White, Yellow, Orange	4:45pm-5:30	6:15pm-7:00	4:45pm-5:30	6:15pm-7:00		
Youth (7-12) Green, Blue, Purple	6:15pm-7:00	5:30pm-6:15	6:15pm-7:00	ELITE Weapons Class 5:30pm-6:15		
Teens	5:30pm-6:15		5:30pm-6:15			
Black Belt Training Classes (youth/teen)	Grappling 7:00pm-7:30		Forms 7:00pm-7:30		4:00pm-4:30 Sparring 4:30pm-5:00 Grappling	
Adult Kickboxing	7:30pm-8:15	11:00am-11:45 8:15pm-9:00	8:15pm-9:00	11:00am-11:45 7:00-7:45pm		
Adult Sparring		10:30am-11:00 9:00pm-9:30		10:30am-11:00 7:45pm-8:15		
Adult Grappling (no gi)		11:45am-12:30 7:00pm-8:15		11:45am-12:30 8:15-9:30pm		
Adult BJJ (gi)	11:00am-12n 7:00pm-9:00		11:00am-12n 6:15pm-7:00			
Competition Team			7:00pm-9:00			10:00am-12n

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Effective
Sept 10, 2011

